

Weekly Menu

Every day we offer: Fruit Juice Cordial, Organic Semi Skimmed Milk, and a Fresh Bread Basket.
Ketchup is offered with selected dishes. Vegetable accompaniments change to reflect seasonal availability.

Week one

Week Commencing: 11/11, 2/12, 6/1/20, 27/1, 24/2, 16/3, 20/4, 11/5, 8/6, 29/6.

Main meal...

British Pork Sausages with Gravy and Creamy Mashed Potatoes

(v,h) Chinese Style Quorn with Noodles

(v) Filled Jacket Potato Choice

Tuna Mayonnaise Sandwich

MONDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Strawberry Swirl Mousse
(v) Cheddar Cheese, Crackers & Apple
(v) Organic Yoghurt or Fresh Fruit

Main meal...

Chicken Fillet Wrap with BBQ Sauce, Baked Potato Wedges

(v,h) Farmhouse Omelette, Baked Potato Wedges

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Soft Bap

TUESDAY

On the side...

Fresh Salad Bar
Corn on the Cob or Peas

For dessert...

(v,h) Iced Mandarin Sponge
(v) Organic Yoghurt or Fresh Fruit

OUR ROAST OF THE DAY

British Roast Pork Joint/Loin or Gammon Joint, Apple Sauce, Gravy, Crispy Roast Potatoes

(v) Veggie Toad in the Hole, Gravy, Crispy Roast Potatoes

(v) Filled Jacket Potato Choice

Sliced Turkey Soft Bap

WEDNESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Fruit Crumble & Custard
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Main meal...

(h) Organic Beef Bolognaise Pasta Bake, Malted Wheat Baguette

(v,h) Homemade Rustic Cheese & Tomato Pizza, Crispy Potatoes

(v) Filled Jacket Potato Choice

Sliced Ham Sandwich

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Creamy Whip with Fruit in Juice
(v,h) Homemade Ginger Cookie
(v) Organic Yoghurt or Fresh Fruit

Main meal...

SEASIDE SPECIAL FISHY FRIDAY
(msc) Crispy Fishcake, Criss-Cross Potatoes

(v,h) Not Too Spicy Vegetable Burrito, Criss-Cross Potatoes

(v) Filled Jacket Potato Choice

(v) Egg Mayo and Cress Soft Bap

FRIDAY

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Gluten Free Mini Doughnut
(v) Organic Yoghurt or Fresh Fruit

Week two

Week Commencing: 18/11, 9/12, 13/1/20, 3/2, 2/3, 23/3, 27/4, 18/5, 15/6, 6/7.

Main meal...

MEAT FREE MONDAY

(v) Cheese & Tomato Pizza Wedge

(v) Vegan Country Bake, *lightly bread crumbed vegetable pattie with vegan cheese.*

Baked Potato Wedges

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Sandwich

MONDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

Baked Beans

For dessert...

(v,h) Homemade Chocolate Cracknel
(v) Organic Yoghurt or Fresh Fruit

Main meal...

Organic Beef Grill in a High Fibre Bun, Crispy Potatoes

(v,h) Cheesy Pasta Bake, Malted Wheat Baguette

(v) Filled Jacket Potato Choice

British Turkey Wrap

TUESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

Jelly with Fruit or (v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

OUR ROAST OF THE DAY

Roast Chicken Fillet or Joint, Gravy and Crispy Roast Potatoes

(v,h) Mild and Creamy Vegetable Korma with Rice

(v) Filled Jacket Potato Choice

Tuna Mayonnaise Soft Bap

WEDNESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Up Beet Chocolate Cake with Hot Chocolate Sauce
(v) Organic Yoghurt or Fresh Fruit

Main meal...

(h) Organic Beef Chilli, Nacho Seasoned Potato Wedges

(v) Veggie Sausage Hot Dog, Nacho Seasoned Potato Wedges

(v) Filled Jacket Potato Choice

British Chicken Soft Bap

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Melting Moment Biscuit
(v) Organic Yoghurt or Fresh Fruit

Main meal... FISHY FRIDAY

(msc) Gluten Free Breaded Fish Fingers with Chipped Potatoes

(v,h) Cheesy Tomato Risotto, Malted Wheat Baguette

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Wrap

FRIDAY

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v,h) Favourite Fruit Muffin
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Week three

Week Commencing: 25/11, 16/12, 20/1/20, 10/2, 9/3, 30/3, 4/5, 1/6, 22/6, 13/7.

Main meal...

Organic Pork Meatballs, Rich Tomato Gravy and Pasta

(v,h) Quorn Korma with Wholegrain Rice

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Soft Bap

MONDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Homemade Fruity Flapjack
(v) Organic Yoghurt or Fresh Fruit

Main meal...

(h) Pasta with Peas and Bacon

(v,h) Quorn Fillet, *topped with pizza sauce and melted cheese.*

Dry Roasted New Potatoes or Garlic Bread

(v) Filled Jacket Potato Choice

British Roast Chicken Wrap

TUESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Homemade Sponge with Fruit in Juice
(v) Organic Yoghurt or Fresh Fruit

OUR ROAST OF THE DAY

British Roast Beef, Yorkshire Pudding, Gravy, Crispy Roast Potatoes

(v,h) Broccoli and Sweetcorn Pasta Bake, Malted Wheat Baguette

(v) Filled Jacket Potato Choice

Sliced Ham Soft Bap

WEDNESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Jam Tart and Custard
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Main meal...

(h) Homemade Chicken Pie, Gravy, Creamy Mash or Crispy Potatoes

(v) Sticky Barbeque Veggie Sausages, Creamy Mash or Crispy Potatoes

(v) Filled Jacket Potato Choice

Tuna Mayonnaise Sandwich

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Cheddar Cheese, Crackers & Apple
(v,h) Carrot and Orange Cookie
(v) Organic Yoghurt or Fresh Fruit

Main meal... FISHY FRIDAY

(msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes

(v,h) Quorn Nuggets with Rainbow Rice

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Soft Bap

FRIDAY

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v,h) Homemade Vanilla Krispy Bar
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

(v) Vegetarian Option (h) Homemade (msc) Certified Sustainable Seafood