

Monday



Pork Sausages (G.SU)

or



(v) Cheesy Tomato Risotto (D.)

Tuesday



Chicken Fillet in a Bun (S.G.)

or



Tuna Pasta Bake (D.F.G.)

Wednesday



Roast Pork

or



(v) Veggie Sausages (G.SU.SB)

Thursday



Chicken Pie (D.G.)

or



(v) Breadcrumbs Vegetable Fingers (G.)

Friday



Battered Fish Fillet (G.F)

or



(v) Vegetable Burrito (D.G.)

Everyday choose from:



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)

Week 1 Dessert Menu

Everyday we offer (v) Yeo Valley organic yoghurt, (D.) and fresh fruit as alternative options

- Monday
(v) Strawberry Swirl Mousse (D.) or
(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)
- Tuesday
(v) Chef's Homemade Fruit Crumble of the Day (G.) with Custard (D.) or
(v) Ice Cream Tub (D.)
- Wednesday
(v) Homemade Iced Mandarin Sponge (G.E.)
- Thursday
(v) Whip with Fruit in Juice (D.) or
(v) Homemade Ginger Cookie (G.)
- Friday
(v) Homemade Chocolate Flapjack (G.SU.SB.D.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

Key

V = vegetarian	G = Gluten/wheat
D = Dairy	F = Fish
N = Coconut	M = Mustard
S = Sesame	SB = Soya
E = Egg	SU = Sulphites

