

Weekly Menu

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.
All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

Sept 2021 All + Cold

Week one

Week Commencing: 30/08, 20/9, 11/10, 1/11, 22/11, 13/12, 3/1/22, 24/1, 14/2, 7/3, 28/3, 2/5, 23/5, 20/6, 11/7.

Choose a main meal...

British Pork Sausages with Gravy and Creamy Mashed Potatoes

(v,h) Chinese Style Quorn with Noodles

(v) Filled Jacket Potato Choice

Tuna Mayonnaise Sandwich

MONDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v) Strawberry Swirl Mousse
(v) Cheddar Cheese, Crackers and Apple Slices
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal...

Barbeque Marinated British Chicken Breast Wrap, Baked Potato Wedges

(v,h) Chef's Free Range Omelette with Baked Potato Wedges

(v) Filled Jacket Potato Choice

British Roast Chicken Soft Bag

TUESDAY

On the side...

Fresh Salad Bar
Corn on the Cob or Peas

For dessert...

(v,h) Peach Melba Sponge with Raspberry Drizzle Icing
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

British Roast Pork Joint or Loin Steak or Gammon Joint, Sage and Onion Stuffing, Gravy and Crispy Roast Potatoes

(v) Vegetable Korma with Rice

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Soft Bag

WEDNESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Apple Charlotte and Custard
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal...

(h) Lowerhurst Farm Organic Beef Bolognese with Pasta and Malted Wheat Baguette

(v,h) Cheddar Cheese and Potato Pie

(v) Filled Jacket Potato Choice

(v) British Ham Sandwich

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day or Baked Beans

For dessert...

(v) Chocolate Mousse with Fruit in Juice on the Side
(vg,h) Cherry Cookie
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal... FISHY FRIDAY (msc) Crispy Salmon Fishcake with Criss-Cross Potatoes

(v,h) Cheese and Tomato Pizza with Criss-Cross Potatoes

(v) Filled Jacket Potato Choice

(v) Egg Mayonnaise and Cress Soft Bag

FRIDAY

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v,h) Chocolate Frosted Sponge
(v) Organic Yoghurt or Fresh Fruit

Week two

Week Commencing: 6/9, 27/9, 18/10, 8/11, 29/11, 10/1/22, 31/1, 14/3, 4/4, 9/5, 6/6, 27/6, 18/7.

Choose a main meal...

Organic Pork Meatballs, Rich and Rustic Tomato Gravy and Pasta

(vg,h) Veggie Sausages with Gravy and Crispy Diced Potatoes

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Soft Bag

MONDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg,h) Chef's Choice Flapjack
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal...

Brunch Lunch – Bacon Medallion, Pork Sausage, Omelette and Baked Potato Wedges

(v,h) Mild and Creamy Quorn Korma with Wholegrain Rice

(v) Filled Jacket Potato Choice

British Roast Chicken Wrap

TUESDAY

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v,h) Chef's Sponge Cake Choice with Fruit in Juice on the Side
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

British Roast Beef, Yorkshire Pudding, Gravy and Crispy Roast Potatoes

(vg,h) Veggie Bolognese with Noodles

(v) Filled Jacket Potato Choice

British Ham Soft Bag

WEDNESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Fruit Crumble and Custard
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal...

(h) British Chicken Pie with Gravy, Creamy Mash or Crispy Potatoes

(vg) Breadcrumbed Vegetable Fingers with Crispy Potatoes

(v) Filled Jacket Potato Choice

Tuna Mayonnaise Sandwich

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day
Baked Beans

For dessert...

(v,h) Up Beet Chocolate Cake
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal... FISHY FRIDAY

(msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes

(v) Quorn Nuggets with Rainbow Rice/Sweet Chilli Dip

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Soft Bag

FRIDAY

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v) Two Dinky Doughnuts with Dipping Sauce
(v) Organic Yoghurt or Fresh Fruit

Week three

Week Commencing: 13/9, 4/10, 15/11, 6/12, 17/1/22, 7/2, 28/2, 21/3, 25/4, 16/5, 13/6, 4/7.

Choose a main meal - MEAT FREE MONDAY

(v) Cheese and Tomato Pizza with Baked Potato Wedges

(vg) Plant Power Veggie Balls in Rich and Rustic Tomato Sauce with Rice

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Sandwich

MONDAY

On the side...

Fresh Salad Bar
Peas

For dessert...

(vg,h) Chocolate Cracknel
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal...

Lowerhurst Farm Organic Beef Grill in a High Fibre Bun with Crispy Potatoes

(v,h) Cheesy Pasta Bake with Malted Wheat Baguette

(v) Filled Jacket Potato Choice

British Roast Chicken Wrap

TUESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

Jelly with Fruit
(v) Ice Cream Tub
(v) Organic Yoghurt, or Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

British Roast Chicken Joint or Fillet, Gravy and Crispy Roast Potatoes

(v) Quorn Fillet, Gravy and Crispy Roast Potatoes

(v) Filled Jacket Potato Choice

Tuna Mayonnaise Soft Bag

WEDNESDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(v,h) Syrup Sponge with Custard
(vg,h) Zesty Orange Cookie
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal...

(h) Lowerhurst Farm Organic Beef and Tomato Fusilli with Garlic Bread

(vg) Veggie Hot Dog in a Finger Roll with Ketchup and Baked Potato Wedges

(v) Filled Jacket Potato Choice

British Roast Chicken Soft Bag

THURSDAY

On the side...

Fresh Salad Bar
Vegetables of the Day

For dessert...

(vg,h) Shortbread
(v) Organic Yoghurt or Fresh Fruit

Choose a main meal... FISHY FRIDAY

(msc) Gluten Free Breaded Fish Fingers with Chipped Potatoes

(v,h) Broccoli and Sweetcorn Pasta with Malted Wheat Baguette

(v) Filled Jacket Potato Choice

(v) Cheddar Cheese Wrap

FRIDAY

On the side...

Fresh Salad Bar
Peas or Baked Beans

For dessert...

(v,h) Chocolate and Pear Brownie
(v) Ice Cream Tub
(v) Organic Yoghurt or Fresh Fruit

Everyday we offer: Fruit Juice Cordial, Organic Semi Skimmed Milk and a Fresh Bread Basket.
Ketchup is offered with selected dishes.

Vegetable accompaniments change to reflect seasonal availability.

(v) Vegetarian Option (h) Homemade (vg) Vegan
(msc) Certified Sustainable Seafood (h) Homemade



Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.

Free SCHOOL MEALS

UNIVERSAL INFANT FREE SCHOOL MEALS - IS MY CHILD ELIGIBLE?

If you have a child in Reception or Key Stage 1, your child is entitled to a free lunch every day. By offering so much great choice, we're confident your child will find a meal combination they enjoy from our menu to help them develop and excel during school time.

Please contact your child's school for more information.



OUR INGREDIENTS

IT ALL BEGINS WITH OUR PASSION FOR FANTASTIC FOOD!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

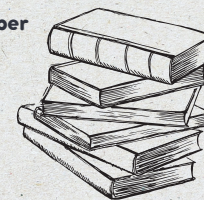
Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.



PROMOTIONS

LOOK OUT FOR OUR CALENDAR OF EXCITING THEMED MENUS AND PROMOTIONS INCLUDING:

- Pupil's Favourite Lunch Day - October
- Hello Yellow - World Mental Health Day - October
- Bonfire Banquet - 5th November
- Food for Life Roast Dinner Day - November
- Chinese New Year - February
- World Book Day - March
- Stop Food Waste Day - April
- Walk to School Week - May
- Sport's Day Picnic - July



...and not forgetting our Amazing Christmas Lunches with all the trimmings - December

Please note not all schools participate in all themed events, check with your child's school for more details.

the NUTRI GANG

"On a mission for nutrition"



Find out more about Saffron, Iris, Reece and Doug, our NUTRIGANG at www.educaterers.co.uk

TOP 5 facts about our lunch.

Fact 1

We are the school meal specialists serving over 130,000 meals every week.

Fact 2

At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.

Fact 3

All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.

Fact 4

We work with NHS dietetics teams across the region to support customers with special dietary needs.

Fact 5

Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

Join our TEAM

Are you passionate about food?

Could you help us serve healthy lunches to local schoolchildren?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at Educaterers Join Our Team or via the link on our website.



educaterers  A FOOD STORY

www.educaterers.co.uk
Email: contactus@educaterers.co.uk

Menu may change to meet customer preferences.



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